

Benadryl (Diphenhydramine Hydrochloride)

- for relief of hay fever symptoms and allergic reactions
- one or two 25 mg caplets 3 or 4 times daily (less for children)

Loperamide Hydrochloride – for relief of diarrhea

- two 2 mg caplets initially followed by 1 caplet after each loose bowel movement
- maximum of 8 caplets per day

Gravol (Dimenhydrinate) – for prevention of motion sickness

- take 1 or 2 (50 or 75 mg) tablets 1 /2 to one hour before required

Ibuprofen – anti-inflammatory/pain reliever/fever reducer

- take 1 or 2 (200 mg) tablets every 4 to 6 hours.
- Do not exceed 6 tablets in a 24-hr period.